



# The Career Triple Jump: Key Strategies

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Professor, Chemical and Environmental Engineering/General  
Manager/Executive Search Consultant/Career Coach and Mentor/Non-  
Executive Director/Trustee



# A career in numbers!

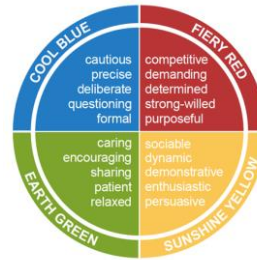
- Years in industry: 47
- Countries worked in: 64 (Europe, Africa, Middle East, Asia, Russia and FSU, North America)
- Number of roles: 15 (including Process Engineer, Global Marketing Manager, Regional Manager EAME, Global Key Account Manager, General Manager/MD Europe/Africa/Middle East, FSU, MD Eastern Hemisphere, Head of Professional Guidance, Consultant, Professor, Career Coach)
- Organisational Changes: 13 (new companies, mergers, acquisitions, private equity, redundancy etc)
- Managers worked for: 15
- Meetings involved in: 50,000 (group sessions, one to one, interviews, coaching and mentoring etc)
- Sectors worked in: 12 (Chemicals, Pulp and Paper, FMCG, Oil and Gas (Upstream/Downstream), Environmental Services, Water, Marine, Secondary/Higher Education, Executive Search, Career Guidance)
- Coldest temperature experienced: -35 DegC (Nizhnekamsk, Tartarstan, Russia)
- Hottest temperature experienced: +55 DegC (Getty/Texaco Oilfield, Wafra, Kuwait)
- Vaccinations: >100 (Typhim VI, Cholera, Tetanus, Polio, Gamma Globulin, Havrix, Yellow Fever, Meningitis A/C, Hepatitis A/B, Rabies, Diphtheria plus 20+ years of anti-malaria tablets!)
- CVs reviewed: 40, 000
- Interviews conducted: 10,000



# Vince Pizzoni: Portfolio and the Energy Transition



Carbon Capture Utilization and Storage (CCUS)



# Agenda

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- The triple jump
- Examples
- Key strategies and tips
- Plan B



# The Triple Jump

- A career change that involved three major transitions at once
- For example: changing location, switching job sectors and moving functions
- May require a radical rethink of career plans
- Possible issues: work visas, risk to employer, personal circumstances, fear of failure, competition vs local talent, timescales



# Triple Jump Example (1)

- Based in Paris, France
- Head of drilling, Oil and Gas
- EMBA
- Certificates in Renewable Energy and Sustainability
- Based in London
- Angel Investor, renewables and sustainability



# Triple Jump Example (2)

- Based in Bangalore
- Project Risk Management,  
Oil and Gas
- MBA
- Based in London
- National Account Manager,  
Food and Drink



# Strategies and Timescales

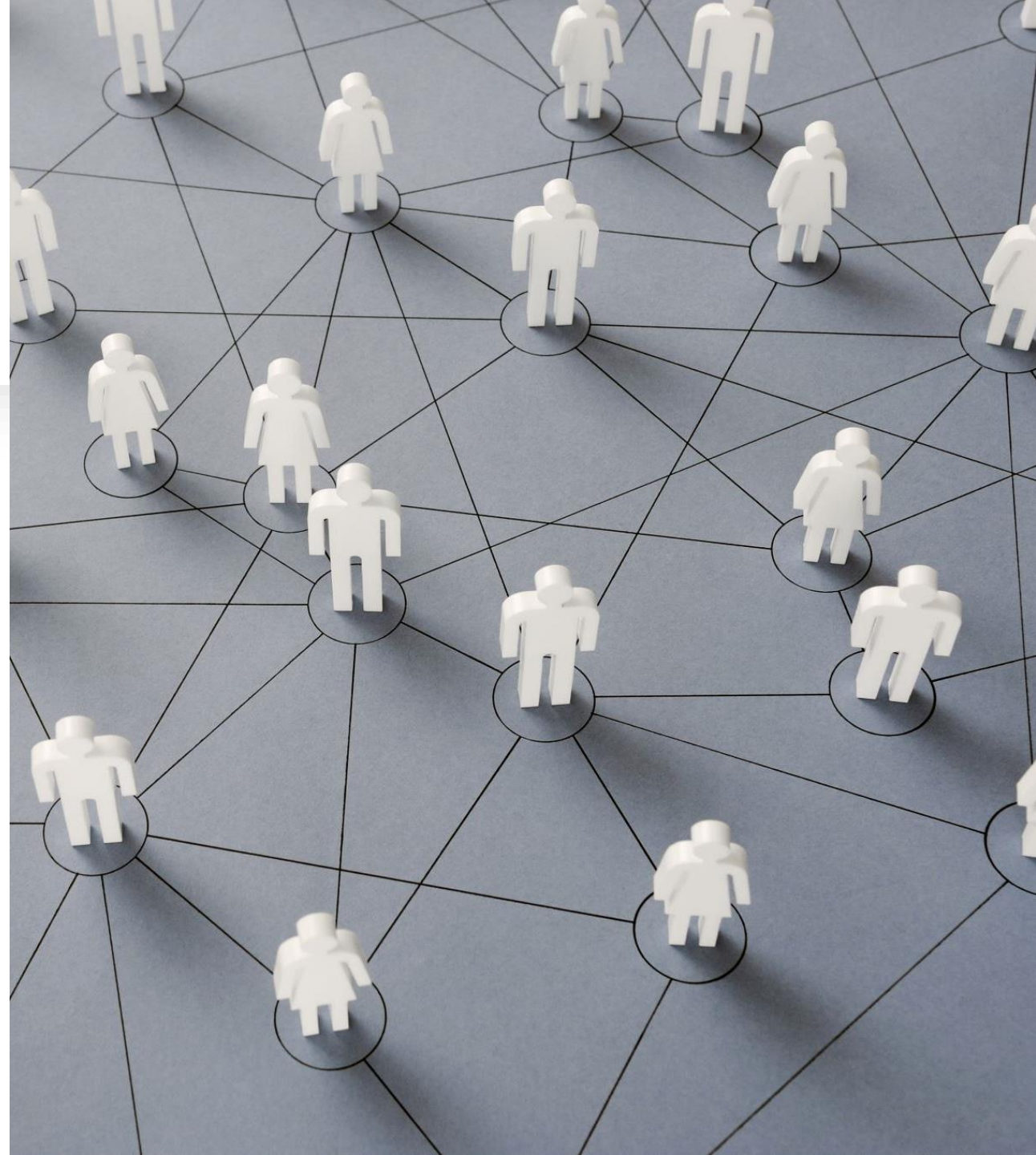
- Plan for a ca 2 year time horizon
- Assess what you want
- Develop and implement a network strategy
- Contacts, alums, direct, executive search/recruitment
- Join professional networks
- Find mentors
- Roll up your sleeves
- Approach with positivity





# Plan B

- Move within current organisation
- Make one change ie country, organisation or role
- Develop the network strategy as with Plan A
- Keep reaching out to people and organisations
- Plan B may lead to Plan A eventually or change altogether



# CAREERS IN FINANCE- *Leveraging skills for a geographic and functional transition*



## TARGET

RENEWABLE INVESTMENT LEAD  
MIDDLE EAST REGION

## THE EXTRA MILE

TARGETTED  
HEADHUNTERS

LEVERAGED  
LANGUAGES

BUILT A VOICE

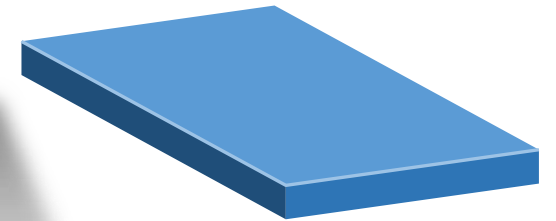
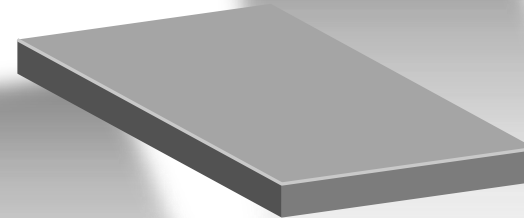
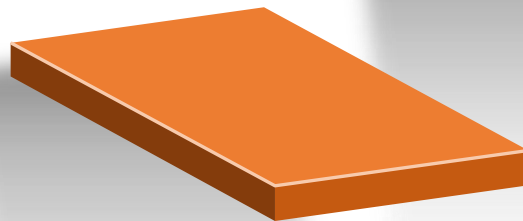
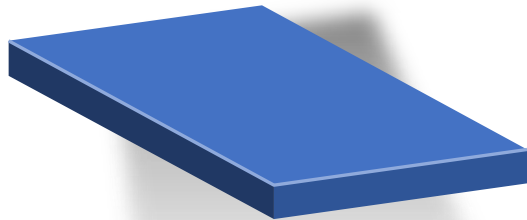
## BUILDING BLOCKS

IDENTIFYING REGION

IDENTIFYING SPECIFIC  
SKILL AND GAP

## STARTING POINT

PORTFOLIO MANAGEMENT-  
INACTIVE REGION (cio)



# CAREERS IN ENERGY- *Building profile for a functional transition and leadership role*



## THE EXTRA MILE

INTERNAL  
NETWORK BUILDING

ADVISORY WORK

BUILT A VOICE

## TARGET

CHIEF OF STAFF/  
TRANSFORMATION LEAD

SUSTAINABILITY

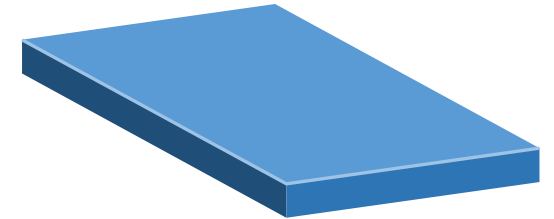
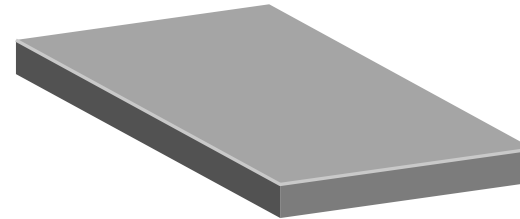
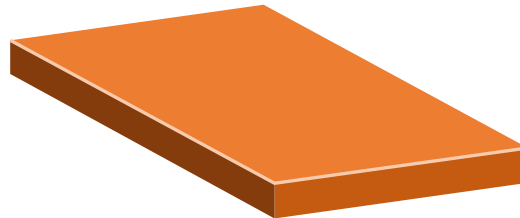
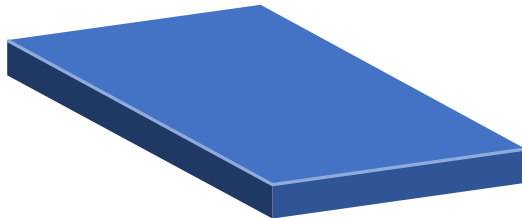
## BUILDING BLOCKS

IDENTIFYING GROWING  
NEED

IDENTIFYING SPECIFIC  
SKILL AND GAP

## STARTING POINT

BREAK OUT OF THE TECHNICAL  
“ENGINEERING BOX”



# Links

- [High Potential Individual \(HPI\) visa: Eligibility - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- [5 steps to designing the life you want | Bill Burnett | TEDxStanford – YouTube](https://www.youtube.com/watch?v=...)
- <https://www.iese.edu/standout/career-triple-jump-changing-jobs/>
- <https://www.businessbecause.com/news/mba-jobs/69/post-mba-career-triple-jump-becomes-harder>
- <https://www.hult.edu/blog/triple-jump-location-industry-function/>
- <https://fortune.com/2014/01/08/when-mbas-attempt-a-career-triple-jump/amp/>
- <https://www.edhec.edu/en/news/mybastyory-edhec-helped-me-unlock-global-career-opportunities-triple-jump>

