



Find Your Inner Career Compass For Your Next Move

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What's your **TRUE NORTH**?

Values are the fundamental principles that **guide you**.

Your values affect how you **think, feel** and **behave** in work Situations.

When you work with your values life seems **easier**, more **inspiring** and **fulfilling**.

Our own **perspective** on the world and **how it should be**

They sit in our **subconscious**.



When you work against your values

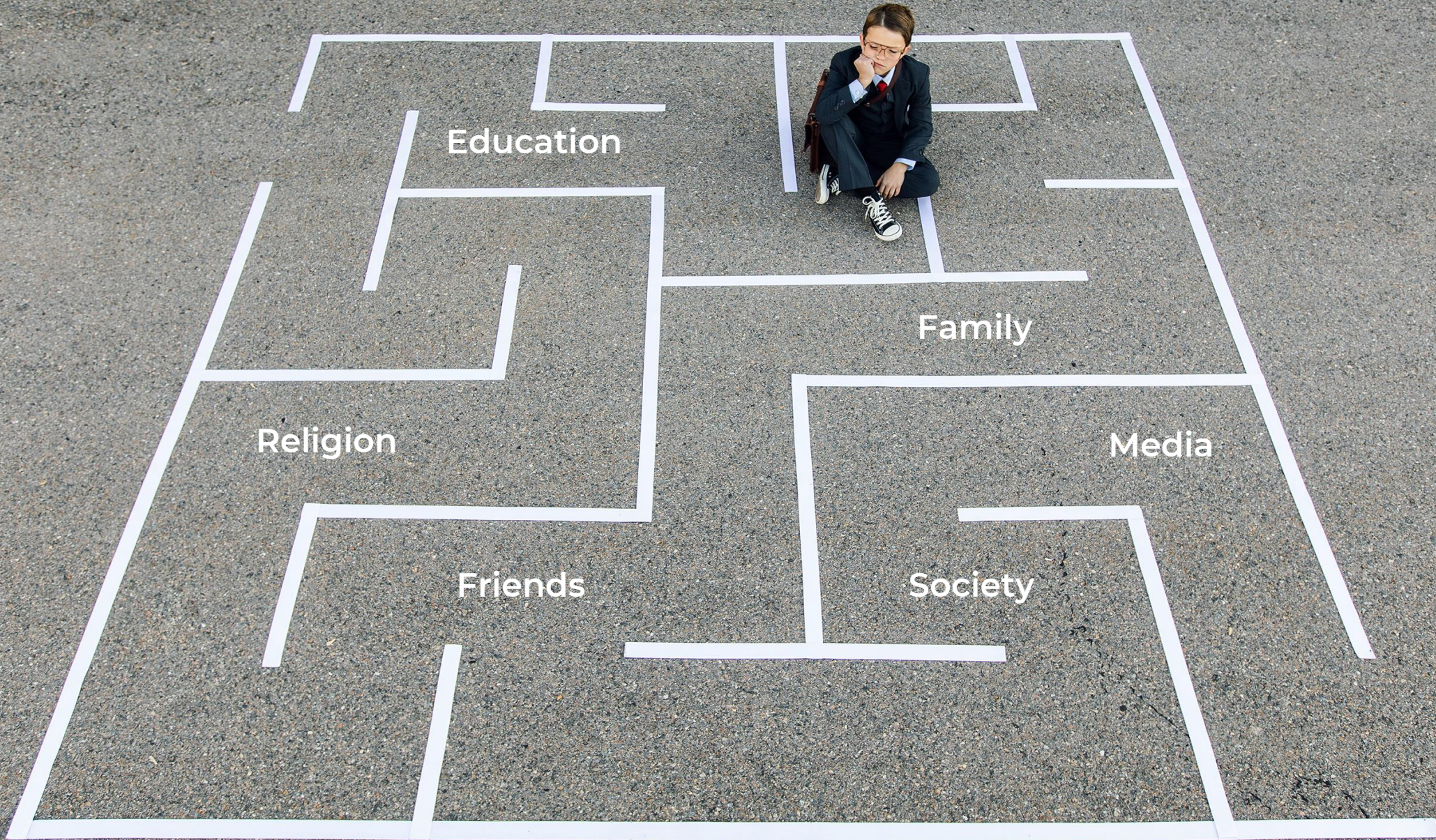
It's **exhausting**, you become **disengaged**, and this can contribute to **burnout**.

You feel you are only using **part of yourself** at work.

Disagreement, **cynicism** and **conflict** are often bubbling under the surface.

You know **something isn't right**, but you can't put your finger on it.





Discover Your Values

Challenge

To engage in demanding tasks. To test my abilities.

Fairness and Equity

To work in a respectful environment that treats others honestly, justly and equitably.

Work-Life Integration

To have work that fits in with other parts of my life.

Influence and Leadership

To influence the thoughts & actions of others. To lead people.

Relationships

To belong to a team. To have close relationships with colleagues.

Expertise

To be recognized and consulted as an expert. To apply and develop skills in a particular area.

Independence

To have a high degree of control over what I do. To make my own decisions.



NEW OPPORTUNITY

A close-up photograph of a white puzzle piece with the word "Values" printed on it. The puzzle piece is surrounded by other white puzzle pieces, some of which are slightly out of focus. The lighting is soft, creating subtle shadows and highlights on the edges of the pieces.

Values

Job Description

Interview

When you know your values

You seek out careers and working environments that **work for you**.

You ask different questions at interview that will give you an insight into the **cultural fit** of an organisation.

You manage situations and decisions in a completely different way, because you have **increased self-awareness** about how you are likely to react.

You confidently set clear **boundaries** and **expectations**.



KEY TAKEAWAYS



Human DECISIONS

FREE Discover Your Values Workbook

FREE 30Minute Call

www.humandecisions.co.uk

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